

Studio Schedule

September 2021 – June 2022

SCHEDULE SUBJECT TO CHANGE



Time	Studio	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
800 AM	A						REB3L Groove
900 AM	A	Pre Dance (9:30 am)					RAD Intermediate
	B						
	C						
	D						Pre Dance
1000 AM	A						Ballet 5/6
	B						RAD 4
	C						
	D						Beg. Dance Intro
330 PM	A	CCA 6					RAD Advanced (11:00)
430 PM	A	Pointe Conditioning 2	Tumbling 2	Ballet 5/6	Jazz 3	Hip Hop 2/3	
	B	CCA 2	CCA 1 (Exam)	RAD 3	Ballet 2	HS Prep (Jan.)	
	C	Beg. Jazz/Tap	RAD 6	Ballet 1	Beginning Ballet		
	D	Pre Dance	Pre Primary RAD				
530 PM	A	Beg. Tumbling	Ballet 4	Pointe 2/3	Ballet 4	Hip Hop 1	
	B	CCA 3	RAD 1	Ballet Foundations	Jazz 1	CCA 4	
	C		Jazz 2	Tap 1	Tap 4		
	D		Primary RAD	Pre Dance	Kinder Pre Dance		
630 PM	A	Contemporary Modern 2/3	Leaps & Turns 2	Varsity Technique	Repertoire		
	B	CCA 1 (No Exam)	RAD 2	Tumbling 1			
	C	Leaps & Turns 1	Ballet 3	JV Ballet	Tap 2		
	D			RAD 5			
730 PM	A	Contemporary Modern 1	Ballet 5/6	REB3L Groove	Jazz 4/5		
	B	JV Poms Tech	Pointe 1	JV Technique	Pointe Conditioning 1		
	C	CCA 5		Varsity Ballet	Tap 3		
	D	Yoga					

Littleton Studio Schedule

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Requirements and Prerequisite

RAD - The Royal Academy of Dance (“RAD”) is a UK-based examination board specializing in dance education and training, with an emphasis on classical ballet. The Graded Examination incorporates classical ballet, free movement and character dance. The syllabus is devised to progress in difficulty from one grade to the next and a student studying the grades in sequence would be expected to develop a greater degree of dance technique at each level.

CCA – The Cecchetti Council of America (“CCA”) seeks to further the Cecchetti method of ballet, a technique and training system devised by the Italian ballet master Enrico Cecchetti. The training system is especially concerned with anatomy within the confines of classical ballet technique, and seeks to develop the essential characteristics of dance in its students through a rigid training regime.

Kinder Pre Dance – A program designed specifically for dancers in Kindergarten. Pre/Primary RAD is required for a total of 2 hours per week.

Beginning Ballet – Only requires 1 scheduled class per week for a total of 1 hour per week. RAD highly recommended.

Ballet 1 – Only requires 1 scheduled class per week for a total of 1 hour per week. RAD highly recommended.

Ballet 2 – Only requires 1 scheduled class per week, **plus** RAD for a total of 2 hours per week. CCA recommended for ages 9 and up.

Ballet 3 – Only requires 1 scheduled class per week, **plus** RAD and CCA for a total of 3 hours per week. Pointe Conditioning highly recommended.

Ballet 4 - Requires both classes, **plus** RAD, CCA, Pointe and Pointe Conditioning for a total of 6.25 hours per week.

Ballet 5 & Up – Requires all 3 classes, **plus** RAD, CCA, Pointe and Pointe Conditioning for a total of 8.5 hours per week.

Pointe 1 – Requires Pointe Conditioning and Ballet requirements.

Pointe 2– Requires Pointe Conditioning and Ballet requirements.

Pointe 3- Requires Pointe Conditioning, Repertoire and Ballet Requirements.

Jazz 1 – Ballet highly recommended.

Jazz 2 – Requires ballet. Leaps & Turns highly recommended.

Jazz 3 – Requires ballet and Leaps & Turns.

Jazz 4 – Requires ballet and Leaps & Turns.

Jazz 5– Requires ballet and Leaps & Turns.

Contemporary Modern 1, 2 & 3 – Must be 9 to register for Contemporary Modern 1. Requires ballet.

Please note: Dancers MUST meet the requirements of each class in order to perform in the Spring Show for that class.