

Studio Schedule

September 2023 – June 2024

Schedule Subject to Change



TIME	STUDIO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
8:00 am	A					Reb3l Groove
9:00 am	A		Reb3l Groove (9:15 am)	Tiny Tots (45 min)		RAD Adv. Foundation
	B					RAD 6
	C					Beg. Ballet (WL)
	D					Pre Dance
10:00 am	A			Mini Movers (45 min)		Pointe Conditioning 1
	B					RAD 8
	C					
	D					
11:00 am	A					Pointe Conditioning 2
	B					
3:30 pm	A			RAD Advanced 2 (3:45)		
	D	Pre Dance 3/4 (3:45)				
4:30 pm	A	Cont. Modern 1	Cont. Modern 2	Leaps & Turns 2	Ballet 3B	
	B	CCA 3	Beg. Ballet	Ballet 3A	Ballet 1	
	C	Beg. Jazz/Tap	Jazz 1	RAD 1	Tap 3	
	D	Pre Dance 4/5 (4:45)	CCA 1 (No Exam)	Beg. Ballet	CCA 2	
5:30 pm	A	Cont. Modern 3	Jazz 3	Tumbling 2	Ballet 6 (1.5)	
	B	RAD 4	Ballet 1	RAD 3	Ballet 5 (1.5)	
	C	Tap 1	Tap 4	Beg. Jazz/Tap	Tumbling 1	
	D	Primary RAD (5:45)	Pre Primary RAD	Pre Dance	Kinder Pre Dance	
6:30 pm	A	Ballet 5/6 (1.5)	Jazz 4/5	RAD 5	Repertoire (7:00)	
	B	Ballet 4	Ballet 4	Ballet 2	Jr. Hip Hop	
	C	RAD 2	Jazz 2	JV Tech	Elem. Hip Hop	
	D	CCA 1 (Exam)				
7:30pm	A	Pointe 2/3 (8:00)	Ballet 5/6	Reb3l Groove	HS Hip Hop (8:00)	
	B	Pointe 1	Var. Tech	JV/Var. Ballet	Leaps & Turns 1	
	C	JV Tech	Tap 2			
	D					

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Requirements and Prerequisites

RAD - The Royal Academy of Dance ("RAD") is a UK-based examination board specializing in dance education and training, with an emphasis on classical ballet. The Graded Examination incorporates classical ballet, free movement and character dance. The syllabus is devised to progress in difficulty from one grade to the next and a student studying the grades in sequence would be expected to develop a greater degree of dance technique at each level.

CCA – The Cecchetti Council of America ("CCA") seeks to further the Cecchetti method of ballet, a technique and training system devised by the Italian ballet master Enrico Cecchetti. The training system is especially concerned with anatomy within the confines of classical ballet technique, and seeks to develop the essential characteristics of dance in its students through a rigid training regime.

Kinder Pre Dance – A program designed specifically for dancers in Kindergarten. Pre/Primary RAD is also required, for a total of 1.75 hours per week.

Beginning Ballet – Only requires 1 scheduled class per week for a total of 1 hour per week. **RAD highly recommended.**

Ballet 1 – Only requires 1 scheduled class per week for a total of 1 hour per week. **RAD highly recommended.**

Ballet 2 – Requires one scheduled class per week, **plus RAD for a total of 2 hours per week. CCA recommended for ages 10 and up.**

Ballet 3 – Requires one scheduled class per week, **plus RAD and CCA for a total of 3 hours per week. Pointe Conditioning highly recommended.**

Ballet 4 - Requires **two scheduled classes, plus RAD, CCA, Pointe and Pointe Conditioning for a total of 6 hours per week.**

Ballet 5/6 – Requires **three scheduled classes, plus RAD, Pointe, Repertoire and Pointe Conditioning for a total of 8.5 hours per week.**

Leather ballet shoes are required.

Pointe 1 – Requires Pointe Conditioning and assigned Ballet level requirements.

Pointe 2– Requires Pointe Conditioning, assigned Ballet level Requirements and Repertoire.

Pointe 3- Requires Pointe Conditioning, assigned Ballet level Requirements and Repertoire.

Freed Studio pointe shoes are required.

Jazz 1 – Ballet highly recommended.

Jazz 2 – Requires a ballet class. **Leaps & Turns highly recommended.**

Jazz 3 – Requires a ballet class and Leaps & Turns.

Jazz 4 – Requires a ballet class and Leaps & Turns.

Jazz 5– Requires a ballet class and Leaps & Turns.

Contemporary Modern 1, 2 & 3 – Must be 9 to register for Contemporary Modern 1. Requires ballet.

Hip Hop - Must be 9 to register.

Please note: Dancers MUST meet the requirements of each class in order to perform in the Spring Show for that class.